Freshly SQUEEZED

COLD DRINKS

JUICE

The Detox Apple, Lemon, Cucumber, Celery & Ginger & Ice	£3.49
Fennelade Apple, Fennel, Lemon & Ice	£3.49
Simply Juice Apple, Carrot, Lime, Lemon & Ice	£3.49
Citrus Blast Orange, Pineapple, Lime & Ice	£3.49
Ginger Juice Apple, Carrot, Ginger & Ice	£3.49
Power Punch Pineapple, Apple, Spinach, Lemon & Ice	£3.49
Apple Berry Apple, Strawberries & Ice	£3.99
Orange Juice 100% Orange Juice & Ice	£3.49

ICED LATTES

	Regular	Large
Caramel Iced Latte	£2.89	£3.89
Hazelnut Iced Latte	£2.89	£3.89
Vanilla Iced Latte	£2.89	£3.89

SHOTS

Ginger Shot Ginger & Apple	£1.50
Turmeric Shot Turmeric, Lemon & Apple	£1.50

EXTRAS

23g Protein Shot	£1.50
Almond Milk	£0.30
Oat Milk	£0.30

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COLD DRINKS

MILKSHAKES

Banana Banana, Ice Cream & Milk	£3.19
Chocolate Chocolate, Ice Cream & Milk	£3.19
Peanut Butter & Banana Peanut Butter, Banana, Ice Cream & Milk	£3.39
Strawberry Strawberries, Ice Cream & Milk	£3.39
Mocha Coffee, Chocolate, Ice Cream & Milk	£3.39
Avocado Avocado, Ice Cream & Milk	£3.49
Mars Bar Mars Bar, Ice Cream & Milk	£3.59
Snickers Bar Snickers Bar, Ice Cream & Milk	£3.59
Nutella Nutella, Ice Cream & Milk	£3.59
Biscoff Biscoff, Ice Cream & Milk	£3.59
Chocolate & Peanut Butter Chocolate, Peanut Butter, Ice Cream & Milk	£3.59

HOT DRINKS

HOT DRINKS

	Regular	Large
Americano	£2.00	£2.40
Latte	£2.80	£3.20
Cappuccino	£2.80	£3.20
Flat White	£2.80	£3.20
Hot Chocolate	£2.80	£3.20
Tea	£1.69	£2.09
Pot of Tea	£2.29	

HOT SMOOTHIES

	Regular	Large
Winter Warmer Apple, Lemon & Ginger	£2.99	£3.99
Ginger Tea Ginger, Lemon & Honey	£2.29	£2.99
Hot Flu Fighter Orange, Ginger, Lemon & Honey	£3.59	

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SMOOTHIES

SMOOTHIES

Fantastico Apple, Strawberry, Banana & Ice	£3.99
Summer Crush Apple, Blueberry, Raspberry, Strawberry & Ice	£3.99
Mango Madness Orange, Mango, Strawberry & Ice	£4.49
Gym Buddy Milk, Avocado, Blueberry, Banana, Protein Shot, Oats, Peanut Butter & Ice	£4.99
Banana Aid Apples, Banana, Blueberry & Ice	£3.99
Berry B. Good Orange, Strawberry, Banana, Raspberry, Blueberry, Low Fat Yogurt & Ice	£4.49
Good Vibrations Oranges, Kiwi, Banana, Honey & Ice	£3.99
Supersonic Apple, Pineapple, Banana, Blueberry, Vanilla Ice Cream, Honey & Ice	£4.39
Ginger Tang Apples, Banana, Ginger, Lemon & Ice	£3.79
Green Dream Apples, Avocado, Lime & Ice	£4.19
Protein Shake - 28g Protein Milk, Peanut Butter, Protein Shot, Banana & Ice	£3.79

SUPER SMOOTHIES

Skin Smooth-ie Apple, Avocado, Cucumber, Celery, Lime & Ice	£4.29
Ease the Pressure Apple, Kale, Lemon, Spinach, Banana & Ice	£3.99
Lovely Recovery Apple, Pineapple, Blueberry, Banana, Lime, Cucumber, Celery & Ice	£4.19
Flu Fighter Orange, Lemon, Ginger, Honey & Ice	£3.99
Energizer Apple, Blueberries, Banana, Honey, Oats, Spinach & Ice	£4.19
Beauty Blitz *(Great for hair & nails)* Apples, Spinach, Mango, Avocado, Biotin Powder & Ice	£4.49
Superfood Smoothie Almond Milk, Kale, Spinach, Blueberries, Avocado & Ice	£4.49
On the Grape Vine Red Grapes, Strawberries & Ice	£4.99

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